



## ASK US ABOUT GROUP PRENATAL CARE!

### *What recent participants have to say about Group Prenatal Care*

“Mutual learning in a supportive environment—multiple perspectives,  
feels less medical and more community based.”

“Definitely do it. Even helped for the second time around.”



### RESEARCH SHOWS

- Reduced risk of preterm labor
- Reduced risk of postpartum depression
- Builds friendships and community



Affiliated with  
MOUNT AUBURN HOSPITAL

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