

## WELCOME TO MOUNT AUBURN HOSPITAL

### DEPARTMENT OF OBSTETRICS VISITOR GUIDELINES

At Mount Auburn, we are committed to providing exceptional care and ensuring the safety and comfort of our patients and their families. To help us achieve this, we have established visitor policies designed to balance the needs of our patients with safety and operational considerations.

#### Outpatient OBGYN Offices

We are pleased to allow children, partners, family members, friends, and doulas to join you during your prenatal visits. We believe that having your support network present can be an important part of your care experience. Please be aware that our examination rooms are quite small. To ensure everyone's comfort and maintain a conducive environment for your appointment, we kindly request that you limit the number of accompanying individuals.

#### Ultrasound / Radiology

When attending an ultrasound in the Radiology Department at Mount Auburn, a single adult support person is welcomed to accompany you for your testing.

#### Prenatal Diagnosis Center

To ensure the comfort and privacy of the patient experience, the Prenatal Diagnosis Center invites you and your support person(s) to be present at the time of your appointment. You are welcome to bring a child along with you, as long as your support person is another adult able to be responsible for your little one. Please keep in mind, the patient waiting area and examination rooms are small.

#### Antepartum / Labor and Delivery

While there are no "visitors" allowed on Antepartum / Labor and Delivery, you may have your partner, family, friends and/or doulas with you to support you during the labor and birth process. We understand that allowing the birthing person to have their chosen support network is crucial to the birthing person's comfort and emotional well-being. Both ensuring effective support in a calm and focused environment, as well as providing adequate space for medical staff to perform their duties, are at the focus of our labor and delivery model.

#### Siblings on Labor and Delivery

Children under 12 are welcomed to be present in the labor and delivery room to witness the birth of their sibling, offering a meaningful opportunity for family bonding and a sense of inclusion in the arrival of a new family member. For the experience to be positive and manageable, it is essential that one of the designated adult support persons accompany the child. This adult will be responsible for attending to the child's needs, providing reassurance, and taking the child out of the room if they need or wish to leave. This arrangement ensures that both the birthing process and the child's experience are handled with care and sensitivity, contributing to a supportive environment for everyone involved. Please also plan accordingly for visitation guidelines on Postpartum.

#### Postpartum

One continuous healthy adult support person may stay with you around the clock until you are discharged home. While this individual is not considered a visitor, all others – including children/siblings, grandparents, and additional support persons – may visit during visitation hours of 1:00pm-8:00pm. It is important that rooms are not overcrowded in order to protect the privacy and healing environment for all patients. Please follow any guidance and instructions from our staff about the need to limit visitors as necessary.

#### Level II

Our Level II Special Care Nursery invites the two identified "band-wearers" to be present at their newborns' bedside to participate in the care of their little ones. Visitors are allowed to join during visitation hours of 1:00pm-8:00pm.

**OBGYN Visitor FAQs**

	Office	Ultrasound (Radiology)	Prenatal Diagnosis Center	Labor and Delivery	Postpartum	Level II
Are support persons allowed?	YES	YES	YES	YES	YES	YES
How many continuous support persons are allowed?	Typically 1-3 persons	1 Adult	Typically 1 Adult, 1 Child	Typically 1-3 Persons	1 Adult	2 Band Wearers
Are visitors allowed?	YES	NO	NO	NO	YES 1-8pm	YES 1-8pm
Are children allowed?	YES	NO	YES <i>With designated adult supervision</i>	YES <i>With designated adult supervision</i>	YES <i>During visiting hours only</i>	YES 1-8pm <i>Siblings Only</i>

For more detailed information of Mount Auburn Hospital's Visitor Policies, see the link below:

<https://mountauburnhospital.org/patients-visitors/visiting-hours-policies>

**Infection Control Considerations**

**Updated September 2024**

If any support person screens positive for symptoms of ILI (Influenza-Like Illness) or COVID-19; tests positive for ILI or COVID-19; or develops symptoms of ILI or COVID-19 during the course of the patient's hospitalization, in accordance with [the CDC's Covid-19 Infection Control Guidance in healthcare settings](#) and local guidelines, the patient and their support person will be considered one unit and isolation precautions will be put in place. The support person is expected to continuously stay in the inpatient room with the birthing person to minimize infection.

Duration of isolation precautions for COVID-19 positive patients will follow [CDC's Covid-19 Infection Control Guidance in healthcare settings](#) which is typically 10 days since symptoms first appeared.

For patients with COVID-19, only one single support person is allowed to stay for the duration of the patient's hospitalization, and visitors should be deferred in the hospital setting.