

**Medikaman yo souvan itilize pandan gwosès la  
ki gen yon pwofil sekirite rezonab:**

**Antibiyotik**

Penicillin  
Ampicillin  
Erythromycin  
Azithromycin  
Macrobid

**Alèji**

Diphenhydramine (Benadryl®)  
Cetirizine (Zyrtec®)  
Loratadine (Claritin®)

**Opresyon**

Bwonchodilatatè ki aji byen rapid tankou: Albuterol (Proventil®, Ventolin®) ak Levalbuterol (Xopenex®)  
Kòtikosteroyid yo rale tankou: Fluticasone (Flovent®, Flonase®) ak Budesonide (Pulmicort®)

**Èpès nan bouch**

Acyclovir (Zovirax®)  
Valacyclovir (Valtrex®)  
Abreva®

**Rim Nòmàl**

Acetaminophen (Tylenol®/Extra-Strength Tylenol®)  
Guaifenesin (Mucinex®)  
Pseudoephedrine (Sudafed®) - itilize l si >12 semèn ansent  
Tylenol® Rim/Sinis

**Konjesyon**

Cetirizine (Zyrtec®)  
Loratadine (Claritin®)  
Neti-pot  
Spre oswa gout nazal ki fèt a baz sèl

**Konstipasyon**

Docusate sodium, fè twalèt yo vin mou (Colace®)  
Methylcellulose (Citrucel®)  
Polyethylene glycol (Miralax®)  
Psyllium (Metamucil®)

**Tous**

Gout kont tous

Dextromethorphan (Robitussin®DM)

**Swen Dantè**

Woutin pou w netwaye dan san danje epi li rekòmande pandan gwosès la.

Yo ka ba ou lidokayin ak kèk antibyotik pou pwosedi/enfeksyon dantè yo, yo san danje pandan gwosès la

**Tèt fè mal/Lafyèv/Doulè**

Acetaminophen (Tylenol®/Extra-Strength Tylenol®)

\*\*Evite 325mg nan aspirin, ibuprofen, naproxen, Motrin®, Aleve® Advil®

**Lestomak boule/Gaz**

Idwoksid aliminyòm/kabonat manyezyòm (Gaviscon®)

Idwoksid aliminyòm/idwoksid manyezyòm(Maalox® oswa Mylanta®)

Kabonat Kalsyòm (Tums®)

Kabonat kalsyòm/kabonat manyezyòm (Rolaids®)

Famotidine (Pepcid®)

Omeprazole (Prilosec®)

Simethicone (Gas-X® oswa Mylicon®)

\*\*Evite *Bismuth subsalicylate (Pepto Bismol®)*

**Emowoyid**

Krèm Hydrocortisone (Anusol-HC®)

Beny chita avèk sèl Epsom

Krèm Phenylephrine (Preparation H®)

Tanpon/pomad Witch Hazel (tanpon/pomad Tucks®)

**Ensektisid**

N,N-diethyl-meta-toluamide (DEET®)

**Kè plen/Vomisman pandan Gwosès la**

Dimenhydrinate (Dramamine®)

Doxylamine (Unisom®)

Chiklèt jenjanm

Vitamin B6

### **Gratèl**

Calamine lotion  
Diphenhydramine (Benadryl®) -swa oral oswa pou w pase sou po w  
Krèm/pomad Hydrocortisone  
Beny avèk Avwàn (Aveeno®)

### **Swen po**

Benzoyl peroxide  
Cleocin topical  
*\*\* Evite asid salicylic, Retin A oswa retinols*

### **Pwoblèm dòmi**

Acetaminophen ak Diphenhydramine (Tylenol® PM)  
Dimenhydrinate (Dramamine®)  
Diphenhydramine (Benadryl®)  
Doxylamine (Unisom®)

### **Gòj fè Mal**

Spre oswa pastiy Benzocaine (Chloraseptic®, Cepacol®, Halls®)  
Gagari dlo sale ki tyèd

### **Po Fann/Grafouyen**

Pomad Bacitracin  
Neosporin®

### **Vaksen**

Vaksen pou Grip ak Covid se mwayen ki san danje epi ki efikas pou anpeche maladi pandan gwosès la

### **Vitamin yo**

Vitamin Prenatal yo (Tanpri pran sèlman dòz ki rekòmande a)  
*\*\* Pa pran vitamin oswa sipleman anplis sof si founisè obstetrik ou a te preskri w yo.*

### **Mikoz**

Krèm oswa sipozitwa Clotrimazole  
Krèm oswa sipozitwa Miconazole (Monistat®)

### **Tanpri sonje:**

**Medikaman ki anlè yo gen yon pwofil sekirite rezonab pandan gwosès la. Syans medikal la kontinye ap evolye, plis done konsènan itilizasyon medikaman yo chwazi pandan gwosès la ka evolye tou.**

**Si ou gen nenpòt kesyon, tanpri pa ezite kontakte founisè obstetrik ou a.**